



INFORMATION SHEET
FOR PROFESSIONALS

Independent Mental Health Advocacy for Adults



Our mission is to protect the rights and promote the choices of individuals with mental health disorders in Jersey. Advocacy empowers people to express their views and wishes, and we ensure these are heard and considered by decision-makers. Where necessary, an Independent Advocate can appropriately challenge the system without being hampered by a conflict of interest.

Our service is free, independent and confidential.

Our advocates can help a person to:

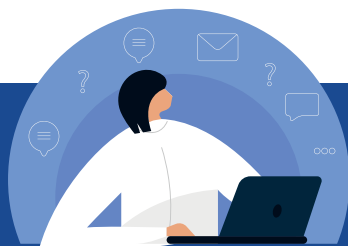
- Understand what is happening and what their options are
- Express their views and get them heard
- Know their rights and how to use them
- Access information to help them make informed decisions
- Make a complaint
- Feel supported at meetings

Criteria: Referrals **MUST** present with a diagnosed mental illness or disorder **AND** be in receipt of secondary services. Our service is usually issue based and the person is free to opt-in or opt-out of our service. Please note that we are not an emergency service, however we will see the client at the earliest available opportunity.

Referrals: Referrals can be made either via telephone or email. Relevant background information is helpful although consent should be sought and obtained from the individual.

Safety: Our advocates are Enhanced DBS checked. We have also undertaken adult safeguarding training and comply with GDPR and Data Protection Regulations for information sharing.

If you would like My Voice to talk to your team about Independent Mental Health Advocacy, please get in touch.



CONTACT US

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